

# Athlete User Guide

May 2025

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## THE RECRUITING ARENA

**99% of student-athletes go unnoticed each year** - but those who take the initiative to research schools and proactively connect with coaches can change their future.

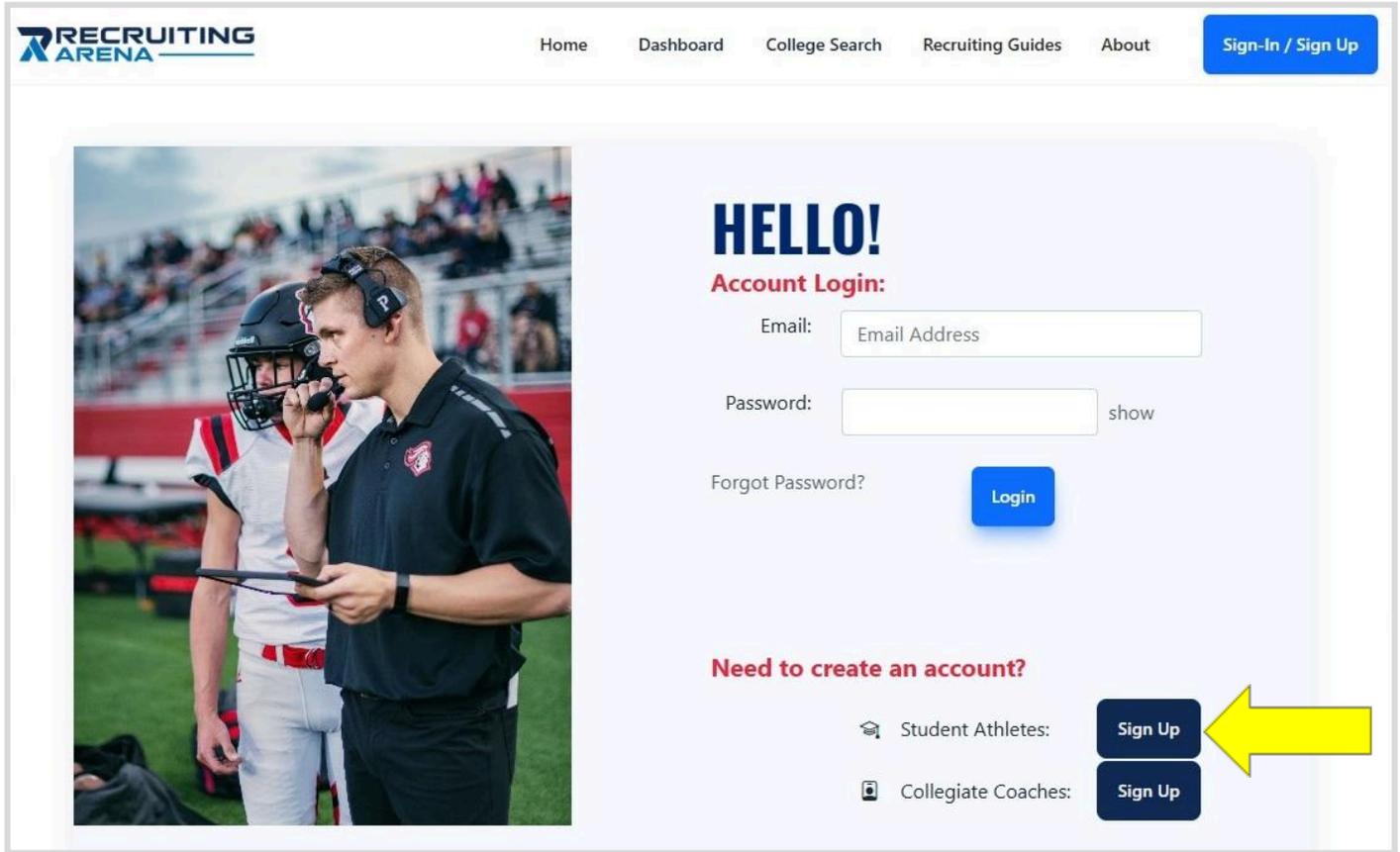
No student-athlete should be limited by financial constraints or a lack of knowledge about the recruiting process when pursuing their college dreams.

The Arena revolutionizes college sports recruitment with advanced tools that streamline communication, enhance discovery and exposure, and provide actionable, data-driven insights for athletes and college coaches.

**Zero-cost access**, cutting-edge recruiting technology, and proactive outreach tools position the Arena as an unmatched and universally accessible resource for athletes and coaches alike.

## CREATE A FREE STUDENT ATHLETE ACCOUNT

Creating your free athlete account is fast and easy. Simply click on the Student Athlete Sign Up Button Below.



The screenshot shows the Recruiting Arena website interface. At the top left is the logo for Recruiting Arena. The navigation menu includes Home, Dashboard, College Search, Recruiting Guides, and About. A blue button labeled "Sign-In / Sign Up" is located in the top right corner. The main content area features a large image of a coach talking to a player on a field. To the right of the image is a login section titled "HELLO! Account Login:". It contains input fields for "Email:" (with placeholder "Email Address") and "Password:" (with a "show" link). Below these is a "Forgot Password?" link and a blue "Login" button. Underneath is a section titled "Need to create an account?" with two options: "Student Athletes:" and "Collegiate Coaches:", each with a corresponding "Sign Up" button. A yellow arrow points to the "Sign Up" button for "Student Athletes".

Use an email you'll always have access to—like Gmail, Hotmail, or Yahoo. Avoid iCloud addresses, which can be difficult for others to access, and school emails, which often expire after graduation.

Home Dashboard College Search Recruiting Guides About Sign-In / Sign Up

## Athlete Account

Welcome! Let's start by creating a student athlete account.

\* Email Address:

NOTE: Please use an email that you will have access to in the future (e.g. Not a high school or college address)

Password requirements:

- At least 8 characters long
- At least 1 upper case letter
- At least 1 number
- At least 1 special character - e.g. !@#\$\$%^

\* Password:

show

\* Confirm Password:

show

Next

Security Verification:

For enhanced account security, we need to verify your email account. When you are ready to check your email, please click the *Send Code* button to receive a security code in the email account above.

Send Code

A code has been sent to the email address above. Next, leaving this window accessible, please check your email. After receiving the code, please enter the code below and click the *Verify* button.

Verify

I made a mistake, I want to start over

**Verification Email:** Copy and paste the security code you receive into the Athlete Sign Up screen to activate your account.

Recruiting Arena Verification Email Inbox x HAB-Tech x

 Recruiting Arena  
to bbowen ▾

**RECRUITING  
ARENA**

## Your Security Code

Hello Member

A recent action requires a security code for verification. In order to complete this action, please enter the following code:

**293088** ← Security Code

If you did not authorize this activity please consider [changing your password](#).

See you inside,

The Recruiting Arena Team

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↩ Reply ↩↩ Reply all ➦ Forward 😊

## ATHLETE REGISTRATION DETAILS

Complete as many fields as possible. Fields marked with a **red \*** are required to access college coaches in College Search and connect with them via ArenaMail. You'll also be able to build a Target List and manage your ArenaMail messages directly from your Recruiting Dashboard for quick, easy access.

**RECRUITING ARENA** Home Dashboard College Search Recruiting Guides About [Sign-In / Sign Up](#)

### Athlete Details

* First Name:	* Last Name:	Preferred Name (Nickname):
<input type="text"/>	<input type="text"/>	<input type="text"/>
* Birth Date:	* Class of:	
<input type="text" value="mm/dd/yyyy"/>	<input type="text" value="(Select)"/>	
* Street Address 1:	Street Address 2:	
<input type="text"/>	<input type="text"/>	
* City:	* State:	* ZipCode:
<input type="text"/>	<input type="text" value="(Select)"/>	<input type="text"/>
Cell Number:	Home Number:	
<input type="text" value="Numbers only (10)"/>	<input type="text" value="Numbers only (10)"/>	
X:	Instagram:	TikTok:
<input type="text"/>	<input type="text"/>	<input type="text"/>
<b>Parent/Guardian 1 Information</b>		
Parent/Guardian 1 First Name:	Parent/Guardian 1 Last Name:	
<input type="text"/>	<input type="text"/>	
Parent/Guardian 1 Address 1:	Parent/Guardian 1 Address 2:	
<input type="text"/>	<input type="text"/>	
City:	Parent/Guardian 1 State:	Parent/Guardian 1 ZipCode:
<input type="text"/>	<input type="text" value="(Select)"/>	<input type="text"/>
Parent/Guardian 1 Cell Number:	Parent/Guardian 1 Home Number:	
<input type="text" value="Numbers only (10)"/>	<input type="text" value="Numbers only (10)"/>	
<b>Parent/Guardian 2 Information</b>		
Parent/Guardian 2 First Name:	Parent/Guardian 2 Last Name:	
<input type="text"/>	<input type="text"/>	
Parent/Guardian 2 Address 1:	Parent/Guardian 2 Address 2:	
<input type="text"/>	<input type="text"/>	
City:	Parent/Guardian 2 State:	Parent/Guardian 2 ZipCode:
<input type="text"/>	<input type="text" value="(Select)"/>	<input type="text"/>
Parent/Guardian 2 Cell Number:	Parent/Guardian 2 Home Number:	
<input type="text" value="Numbers only (10)"/>	<input type="text" value="Numbers only (10)"/>	
<a href="#">Continue To Sports Info &gt;&gt;</a>		

## COLLEGE SPORT CHOICE

Choose your primary sport for recruitment from the drop-down menu. You can add additional sports later and use College Search and ArenaMail to explore recruiting opportunities across all your selected sports.

Sign-In / Sign Up

# Athlete Details *(continued)*

### College Sport Choice

**Primary Sport:**



[Continue to Sport Details >>](#)

## SPORT DETAILS

Complete as many fields as possible - especially those that highlight your strengths as an athlete. Fields marked with a **red \*** are required to access college coaches in College Search and connect with them via ArenaMail.

**RECRUITING ARENA** Home Dashboard College Search Recruiting Guides About [Sign-Out](#)

### Football:

**\* Height:**  
(Select) v

**\* Weight: (lbs.)**  
(Select) v

**40 Yard Dash (Seconds):**  
[Text Input]

**20 Yard Pro Shuffle (Seconds):**  
[Text Input]

**Broad Jump:**  
(Select) v

**Vertical Jump (In.):**  
(Select) v

**185 Bench (Reps):**  
Numbers only [Text Input]

**225 Bench (Reps):**  
Numbers only [Text Input]

**Jersey Number:**  
Numbers only [Text Input]

**Highlight Video:**  
[Text Input]

**Football Awards:**  
[Text Area]

**Positions:**

- Athlete
- Center
- Cornerback
- Defensive End
- Defensive Tackle
- Free Safety
- Fullback
- Guard
- H-back
- Kick Returner
- Kicker
- Long Snapper
- Middle Linebacker
- Noseguard
- Outside Linebacker
- Punt Returner
- Punter
- Quarterback
- Running Back
- Safety
- Slotback
- Tackle
- Tight End
- Wide Receiver

**Club Team:**  
[Text Input]

**Coach First Name:** [Text Input] **Coach Last Name:** [Text Input]

**Coach Email:**  
Email@Domain.com [Text Input]

**Coach Phone:**  
Numbers only [Text Input]

[Save](#)

## ATHLETE ACADEMIC DETAILS

Fill out as many fields as you can—especially those that showcase your academic strengths. Fields marked with a **red \*** are required to access and connect with college coaches through College Search and ArenaMail.

Home Dashboard College Search Recruiting Guides About Sign-Out

# Athlete Academic Details

Please enter your academic information below. Coaches can use this information to facilitate the recruiting process.

In the future, if you retake any of the major tests, please revisit this page and update your values with your best score.

**\* Choose H.S. State:**

**\* Choose H.S. City:**

**\* Choose High School:**

GPA:

Class Rank (#):

Class Rank (%):

PSAT Score:

SAT Score:

ACT Score:

Academic Honors:

NCAA Eligibility #:

Planned Major:

**Save Academics**

## ATHLETE DASHBOARD (START)

Start by completing these quick steps:

1. Fill in all required Profile fields — including personal, sport, and academic information. This ensures your profile is complete and visible to coaches, and is required to send messages.
2. Create a short Bio Line (160 characters or less) to introduce yourself at a glance.
3. Customize your Intro Message (optional) to make your outreach more personal.
4. Click College Search in the top menu to start adding schools to your College Target List.
5. Begin sending direct messages to coaches through ArenaMail when you're ready.

The screenshot shows the 'My Dashboard' interface of the Recruiting Arena website. At the top, there is a navigation bar with 'Home', 'Dashboard', 'College Search', 'Recruiting Guides', and 'About' links, along with a 'Sign-Out' button. The main heading is 'My Dashboard' with a 'Welcome, Sample!' message. Below this, there are two main buttons: 'Communications' and 'Profile'. A yellow arrow points to the 'Profile' button with the text 'Edit / Update Profile'. The 'ArenaMail' section includes a dropdown menu for 'College' and 'Coach', and a 'Most Recent' filter. Below this is a pagination control showing 'Page Size 25' and buttons for 'First', 'Prev', '1', 'Next', and 'Last'. The 'College Target List' section states 'There are no schools in your target list currently' and provides instructions to use the college search. The 'Initial Contact Messaging' section features an 'ArenaMail Bio' field with a '2) Click to create & Preview Bio below' annotation. To the right, a bio line is displayed: '6'3, 225 QB/S, 3.5gpa, 25 TDs Air, 10 TDs Ground', with a 'Save' button and a 'Bio Line in messaging' annotation. Below this, a 'Sample Athlete' profile is shown for 'Unadilla Valley Secondary School, New York' with the same bio line, and a 'What Bio Line will look like in Messaging' annotation. The bottom section contains a table with columns for 'Letter Name' and 'Letter Notes'. It lists 'Follow-up Letter' and 'Intro Letter' (Football Intro). A 'Manage Letters' button is present, with a '3) Edit / Add Message Templates' annotation pointing to it. Another annotation '2) Click green icon to add a note describing message templates you create' points to a green pencil icon in the 'Letter Notes' column.

## EDIT PROFILE

Click on the Profile Tab in your Dashboard to view and edit your Sport, Registration, and Academic Details.

### My Dashboard

Welcome, Sample!

Communications

Profile

Edit Profile data

Sport To Add: (Please Select) Add

---

#### Football

[Remove Football](#)

Positions:	Athlete Quarterback Safety
Height:	6'3"
Weight:	230
40 Yards:	
20 Yards Pro Shuffle:	
Vertical Jump (in.):	
Broad Jump:	
Bench Press (185):	
Bench Press (225):	
Jersey:	
Video:	
Club Team:	
Honors:	
Coach First Name:	
Coach Last Name:	
Coach Email:	
Coach Phone:	

[Edit Football Profile](#)

---

#### Registration

First Name:	Sample
Last Name:	Athlete
Preferred Name:	
Class:	2027

Recruiting Arena Inc. | (607) 286-3973 | [support@recruitingarena.com](mailto:support@recruitingarena.com) | [www.RecruitingArena.com](http://www.RecruitingArena.com)

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## VIEW PROFILE

Preview your Public Profile as college coaches see it. When a coach adds you to their Watch List, they gain access to your full athletic, academic, and registration info.

Any time you update your profile, coaches are automatically notified and see the changes in real time.

**RECRUITING ARENA** Home Camp Search Recruiting Guides About



### Sample Athlete

Class of 2027  
Unadilla Valley Secondary School, NY

6073601997  
buffbowen@gmail.com

Positions: Athlete, QuarterBack, Safety   Height: 6'3"   Weight: 230   GPA: 4.00   SAT: 1350

#### Athletic Information

Sport Name: <b>Football</b>	Twenty Yard Pro Shuffle:
Forty Yard Time:	Broad Jump Value:
Vertical Jump:	Bench 225X:
Bench 185X:	Video:
Jersey Number:	Coach First Name:
Club Team:	Coach Email:
Coach Last Name:	
Coach Phone:	

#### Athletic Achievements

🏆

#### Academics

GPA: 4.00	SAT: 1350
PSAT:	ACT:
Class Rank #:	Class Rank %:
Planned Major:	NCAA ID:

#### Academic Achievements

📖

#### Connect

📞 6073601997	✉️ buffbowen@gmail.com
✕	📷
🎵	

## COLLEGE SEARCH

The Arena’s College Search includes over 50,000 coaches across all sports at every NCAA Division I, II, III, NAIA, Junior College, and Post-Grad (PG) program in the U.S.

Search by sport, division, major, location, or enrollment size. Click any school name to view its profile and see the full list of coaches for your sport.

**RECRUITING ARENA** Home Dashboard College Search Recruiting Guides About Sign-Out

### Find Colleges & College Coaches

Sport: Football Division: D1 Major: Business Administration State/Region: New England Enrollment: (Select) Search

#### Football

College	Major	Division	Conference	State
<a href="#">Boston College</a>	Business Administration, ...	D1	ACC	MA
<a href="#">Brown University</a>	Business Administration, ...	D1-AA	Ivy League	RI
<a href="#">Bryant University</a>	Business Administration, ...	D1-AA	Big South-OVC Football ...	RI
<a href="#">Central Connecticut State University</a>	Business Administration, ...	D1-AA	Northeast	CT
<a href="#">University of Connecticut</a>	Business Administration, ...	D1	American	CT
<a href="#">Dartmouth College</a>	Business Administration, ...	D1-AA	Ivy League	NH
<a href="#">Harvard University</a>	Business Administration, ...	D1-AA	Ivy League	MA
<a href="#">University of Maine</a>	Business Administration, ...	D1-AA	Coastal Athletic Associati...	ME
<a href="#">University of Massachusetts Amherst</a>	Business Administration, ...	D1	Div1-Independent	MA
<a href="#">Merrimack College</a>	Business Administration, ...	D1-AA	Northeast	MA
<a href="#">University of New Hampshire</a>	Business Administration, ...	D1-AA	Coastal Athletic Associati...	NH
<a href="#">University of Rhode Island</a>	Business Administration, ...	D1-AA	Coastal Athletic Associati...	RI
<a href="#">Sacred Heart University</a>	Business Administration, ...	D1-AA	Northeast	CT
<a href="#">Stonehill College</a>	Business Administration, ...	D1-AA	Northeast	MA
<a href="#">Yale University</a>	Business Administration, ...	D1-AA	Ivy League	CT

Page Size: 25 First Prev 1 Next Last

## School Profile Sample

Each school profile includes quick links to the main website, virtual tour, athletic department, tuition info, and available majors.

Click Add to Target List to save a school to your Dashboard.

Select View Current Coaches to see all coaches for your sport and send direct messages that automatically include access to your Arena profile.

**RECRUITING ARENA** Home Dashboard College Search Recruiting Guides About Sign-Out

### College Search Results:

[Return to Search](#)

#### School Details:

College Name:	University at Buffalo
Address:	102 Alumni Arena Buffalo, New York 14260
Nickname:	Bulls
School Colors:	Royal blue white
Number of Students:	27,220

[View Current Coaches](#) **Click to view coaches**

#### School Links

[Website](#) [Virtual Tour](#) [Athletic Dept.](#) [Cost](#) [Majors](#)

#### Target List

Add this college to my target school list: [Add](#) **Click to add to your Target List in your Dashboard**

## View College Coaches

Click the Contact button next to any coach to send a direct message. Your message will include your Bio Line and a link to your full profile.

Coaches can save your profile to their Arena CRM for quick access and receive automatic updates whenever you make changes.

### Target List

Currently in Target List:

View Notes

---

### Football

Title	Last Name	First Name	Contact
Assistant Coach	Seale	Luke	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>
Assistant Coach	McRae	Jaleel	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>
Assistant Coach	Stanton	Clayton	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>
Assistant Coach	Passinault	Luke	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>
CB	Copeland	Holman	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>
Head Coach	Lembo	Pete	<div style="border: 1px solid #002060; background-color: #002060; color: white; padding: 5px 10px; border-radius: 5px;">Contact</div>

## COACH CONTACT - ARENAMAIL

Write your own message or choose a template, then click Preview. Templates automatically address the coach by name and include your signature. You can personalize the message before clicking Send to deliver it directly.

The example below is sponsored by Milford Academy's PG Football Program at [www.MilfordAcademy.org](http://www.MilfordAcademy.org).

### Coach Contact

< Back to College Choice | << Back to Search

Coach Details:

College	City	State	nickname
Milford Academy	New Berlin	New York	Falcons

Lastname: Chaplick

Firstname: Bill

Title: Head Coach

Sport: Football

Choose from the letters below to initiate contact with the selected coach:

- Don't see an appropriate letter? Add one [here](#)
- Need to change a letter? Edit the selected letter [here](#)
- Found one that fits? Choose it and click the **Preview** button
- Note: The chosen letter can still be edited here before sending.

Your Intro Letters:

Subject:

(Select)

Follow-up Letter

**Intro Letter**

**B I U** [List Icons]

Dear Coach Chaplick,

My name is Sample Athlete and I am in the 2027 class at Unadilla Valley Secondary School in New Berlin, New York. I am writing today to learn more about your program at Milford Academy.

I am seeking opportunities that align with my academic and athletic goals and look forward to connecting with you. I am confident that my skills and dedication can contribute to the team's success while I pursue my degree.

My profile includes academic and athletic details, along with highlights. I look forward to connecting with you soon.

Sample Athlete  
Unadilla Valley Secondary School

## EDIT MESSAGE TEMPLATES - ARENAMAIL

ArenaMail comes with two ready-to-use message templates: 1) Intro Letter, and 2) Follow Up Letter. Both templates automatically fill in the coach's name, school name, and your name in the signature. You can edit and customize either message at any time before sending.

There are two easy ways to personalize these default templates—giving you full control over your communication.

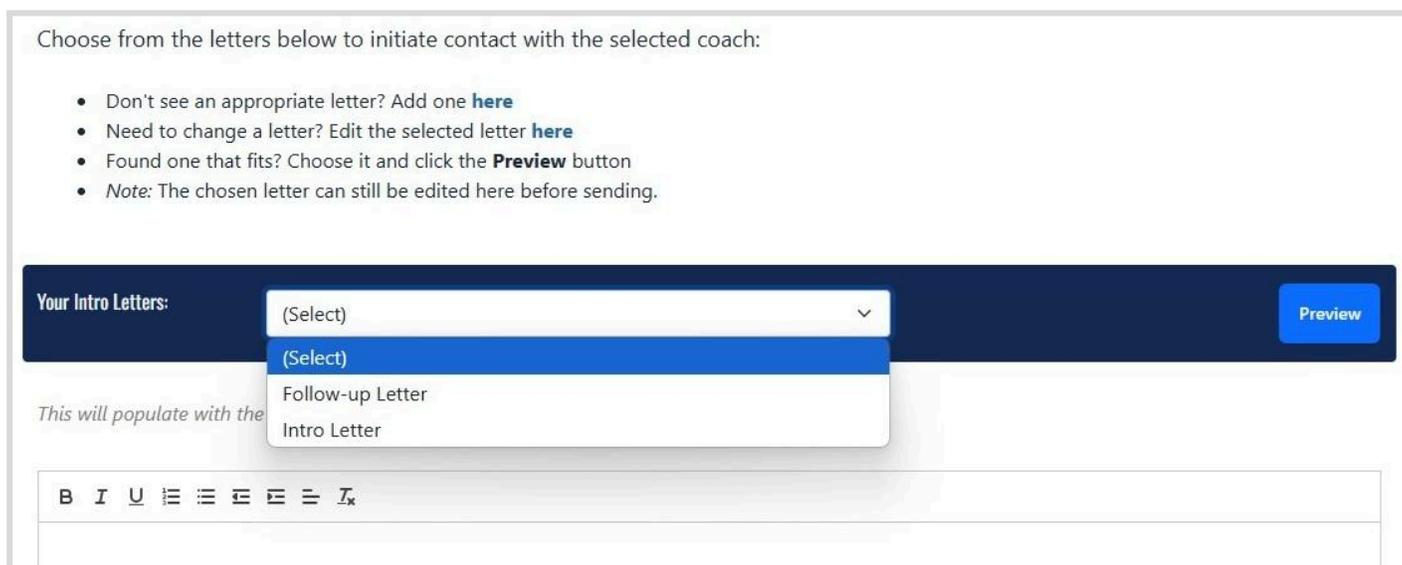
### 1) Edit Message Templates from Dashboard (bottom)

Click Manage Letter, select a template, edit it, and click Save. You can also add a new template here.



### 2) Edit Message Templates from Contact Coach Screen

Same as #1. Edit, save, and create new Templates from here as well.



## MESSAGE TEMPLATES MASTER - ARENAMAIL

This is the central editing screen for creating and managing all message templates. Use the Placeholders listed in the right margin to automatically insert data from your profile where needed.

Example Letters are always available in the bottom-right margin. You can refer to the originals at any time and copy/paste them into a new message as needed.

The screenshot shows the 'Letters' editing interface. At the top, there is a navigation bar with 'Home', 'Dashboard', 'College Search', 'Recruiting Guides', and 'About', along with a 'Sign-Out' button. The main header is 'Letters' with a '< Back to Dashboard' link. On the left, there are two panels: 'Create a New Letter' with an 'Add New Letter' button, and 'Saved Letters' with 'Follow-up Letter' and 'Intro Letter' (selected) options. The main editing area includes: 'Letter Name: Intro Letter' with a 'Save' button; 'Notes: Football Intro'; and 'Letter Contents:' with a rich text editor. The content of the letter is: 'Dear Coach \$COACH\_LASTNAMES, My name is \$MY\_FIRST\_NAMES \$MY\_LAST\_NAMES and I am in the \$MY\_CLASS\_YEARS class at \$MY\_HIGHSCHOOL\$ in \$MY\_TOWN\_NAMES, \$MY\_STATE\_NAMES. I am writing today to learn more about your program at \$COLLEGE\_NAMES. I am seeking opportunities that align with my academic and athletic goals and look forward to connecting with you. I am confident that my skills and dedication can contribute to the team's success while I pursue my degree. My profile includes academic and athletic details, along with highlights. I look forward to connecting with you soon. \$MY\_FIRST\_NAMES \$MY\_LAST\_NAMES \$MY\_HIGHSCHOOL\$'. On the right, there are three panels: 'Instructions' (View instructions), 'FAQs' (View FAQs), and 'Placeholders' (listing \$COACH\_FIRSTNAMES, \$COACH\_LASTNAMES, \$COLLEGE\_NAMES, \$COLLEGE\_NICKNAMES, \$MY\_FIRST\_NAMES, \$MY\_LAST\_NAMES, \$MY\_TOWN\_NAMES, \$MY\_STATE\_NAMES, \$MY\_HIGHSCHOOL\$, \$MY\_CLASS\_YEARS). At the bottom right, 'Example Letters' includes 'Intro Example' and 'Follow-up Example'.

# ATHLETE DASHBOARD - MESSAGES & COLLEGE TARGET LIST

From your Dashboard, click any message in your ArenaMail Mailbox to view and respond.

Your College Target List displays all the colleges you've saved.

Whenever you update your profile, those changes are instantly reflected for any coach who has you on their Watch List.

**RECRUITING ARENA** Home **Dashboard** College Search Recruiting Guides About [Sign-Out](#)

## My Dashboard

Welcome, Sample!

[Communications](#) [Profile](#)

### ArenaMail

College	Coach	Most_Recent
Milford Academy	Chaplick, Bill	2025-05-17

Page Size 25 First Prev **1** Next Last

### College Target List

College	Sport	Notes	X
University at Buffalo	Football	High academics	
Milford Academy	Football	Top PG Pick	
Bryant University	Football		
Sacred Heart University	Football		
University of Massachusetts Amherst	Football		

### Initial Contact Messaging

ArenaMail Bio: 6'3, 225 QB/S, 3.5gpa, 25 TDs Air, 10 TDs Ground

Letter Name	Letter Notes
Follow-up Letter	
Intro Letter	Football Intro

[Manage Letters](#)

## ARENAMAIL MESSAGES - ATHLETE VIEW

Messages are dated, and display Coach, School, and Title.

Home Dashboard College Search Recruiting Guides About Sign-Out

# Messages

**Chaplick, Bill**  
**Milford Academy**  
**Head Coach - Football**

Dear Coach Chaplick,

My name is Sample Athlete and I am in the 2027 class at Unadilla Valley Secondary School in New Berlin, New York. I am writing today to learn more about your program at Milford Academy.

I am seeking opportunities that align with my academic and athletic goals and look forward to connecting with you. I am confident that my skills and dedication can contribute to the team's success while I pursue my degree.

My profile includes academic and athletic details, along with highlights. I look forward to connecting with you soon.

Sample Athlete  
Unadilla Valley Secondary School

Sat. 05/17/2025 06:23 PM

Dear Sample, Thank you for reaching out. We will review your profile and get back to you ASAP! Coach Chaplick

Sat. 05/17/2025 06:40 PM

Milford Academy has generated over 750 football scholarships in the past 23 years along.  
<https://tinyurl.com/MilfordPrep2023> is our Brochure PDF.

Sat. 05/17/2025 10:06 PM

Send

*Note: Foul language will be stripped from communications*

## ARENAMAIL MESSAGES - COACH VIEW

Coaches can view your full profile and save it to their Watch List for quick access and easy follow-up.

Home Dashboard Recruiting Guides About Sign-Out

# Messages

**Sample Athlete - Class: 2027**  
**Unadilla Valley Secondary School, New York**  
*6'3, 225 QB/S, 3.5gpa, 25 TDs Air, 10 TDs Ground*

[View Profile](#) [Add To WatchList](#)

Dear Coach Chaplick,

My name is Sample Athlete and I am in the 2027 class at Unadilla Valley Secondary School in New Berlin, New York. I am writing today to learn more about your program at Milford Academy.

I am seeking opportunities that align with my academic and athletic goals and look forward to connecting with you. I am confident that my skills and dedication can contribute to the team's success while I pursue my degree.

My profile includes academic and athletic details, along with highlights. I look forward to connecting with you soon.

Sample Athlete  
Unadilla Valley Secondary School

*Sat. 05/17/2025 06:23 PM*

Dear Sample, Thank you for reaching out. We will review your profile and get back to you ASAP! Coach Chaplick

*Sat. 05/17/2025 06:40 PM*

Milford Academy has generated over 750 football scholarships in the past 23 years along. <https://tinyurl.com/MilfordPrep2023> is our Brochure PDF.

*Sat. 05/17/2025 10:06 PM*

Send Reply [Send](#)

*Note: Foul language will be stripped from communications*

## RECRUITING GUIDES & VIDEOS

The path to becoming a college athlete is an exciting journey, but it requires dedication, planning, and a proactive approach. The information in our Recruiting Guides and Recruiting Videos will empower you to take control of your own recruiting process, emphasizing the importance of being proactive in pursuing your athletic ambitions.

**Recruiting Guides:** <https://recruitingarena.com/RecruitingGuides.aspx>

- 1. The Benefits of Being Proactive in Your College Recruiting**
- 2. Proactive Athlete's Guide to College Sports Recruitment**
- 3. College Athletic Recruiting is More Competitive than Ever - But There is a School for Everyone!**

**Recruiting Videos:** <https://recruitingarena.com/RecruitingVideos.aspx>

### **1. The Future of College Sports Recruiting**

99% of high school athletes go unnoticed as competition grows fiercer. Taking charge of your recruiting journey has never been more critical. The Recruiting Arena is a completely free platform connecting student-athletes with college coaches. With cutting-edge tools like integrated messaging, customizable templates, advanced college and coach search, and powerful recruit management features, The Arena empowers athletes to take control of their future.

### **2. The Need for Strong Academics**

Understand the vital yet often underestimated impact of academics in the recruiting process—how your academic performance can open doors or limit your recruiting opportunities.

### **3. Overview of the College Recruiting Process**

Gain a clear understanding of the recruiting process and learn how to strategically prepare your journey to maximize your chances of success.

### **4. Understand How College Coaches Recruit**

Understanding the recruiting process from a college coach's perspective is key to positioning yourself as a standout candidate. Learn the three essential questions coaches need to know about a prospect, how they find, research, and evaluate athletes, and the best strategies to maximize your opportunities.

### **5. Realistically Assess Your Athletic and Academic Abilities**

Learn how to realistically evaluate your athletic and academic abilities while identifying programs that best align with your academic, athletic, and financial goals. Discover strategies to enhance and maximize your recruiting opportunities.

### **6. Plan and Work for Your Athletic Success**

Talent is just the beginning. With competition growing tougher across many sports and positions, reaching the next level requires strategic planning and relentless effort. Learn the essential steps to maximize your performance, increase your recruitability, and enhance your exposure to college coaches.